

**2<sup>nd</sup> Multidisciplinary International Musculoskeletal Pain Congress cum  
11<sup>th</sup> Multidisciplinary Musculoskeletal Ultrasound Congress on Pain Management  
12 – 14 April 2024 • Hong Kong**

**Programme**

**Day 1: 13 April 2024 (Saturday)**

08:45 – 09:00	Registration			
09:00 – 09:15	Room S421			
	<p align="center"><b>Opening Remarks</b> Carina Li / Gavin Lee</p>			
09:15 – 10:15	<p align="center"><b>Plenary Session (1)</b> Chairs: Carina Li and Gavin Lee</p> <p align="center"><b>Knee Denervation: What Do We Learn from Last 12 Year</b> Philip Peng, Canada</p> <p align="center"><b>Fascia – The Latest Understanding in MSK Health</b> Ingrid Moller, Spain</p>			
10:15 - 10:45	Break and Exhibition			
10:45 - 12:15	Room S421	Room S426 - 427	Room S425	Room S428
	<p align="center"><b>Opioid / Cannabinoid / Gabapentinoid</b> Chair: Philip Peng</p> <p align="center"><b>Legalisation of Cannabinoid: Thailand Perspective</b> Sasikaan Nimmaanrat, Thailand</p> <p align="center"><b>The Updated Guidelines on Cervical and Lumbar Spinal Pain</b> Arun Bhaskar, UK</p>	<p align="center"><b>From Degeneration to Regeneration</b> Chairs: Julia Chan and Rajesh Singh</p> <p align="center"><b>Osteoarthritis: Pathogenesis</b> Ka-lai Lee, Hong Kong</p> <p align="center"><b>Update on Potential Armamentarium in OA</b> Julia Chan, Hong Kong</p> <p align="center"><b>Latest Advances in Joint Replacement</b> Peter Chiu, Hong Kong</p>	<p align="center"><b>Workshop (W1): Ultrasound Guided Knee Injection and Regeneration Therapy</b> Facilitator: Dr. Charlix Yeung</p> <p align="center">Sang-hoon Lee, Korea (Specialty in Radiology)</p>	
12:15 - 13:15	Lunch Break			
13:15 - 14:45	<p align="center"><b>New Biologic Targets in Treatment of MSK Diseases</b> Chair: Gavin Lee</p> <p align="center"><b>New Biologic Targets in the Management of Rheumatoid Arthritis (RA)</b> Iris Tang, Hong Kong</p> <p align="center"><b>New Biologic Targets in the Treatment of Psoriatic Arthritis (PsA)</b> Lai-shan Tam, Hong Kong</p> <p align="center"><b>New Biologic Targets for Managing Children with Arthritis</b> Kai-ning Cheong, Hong Kong</p>	<p align="center"><b>Neurology/Rehabilitation</b> Chairs: Yuk-fai Cheung and Tsz-kin Kwok</p> <p align="center"><b>Ultrasound Guided Botox Injection for Back Pain</b> Sang-hoon Lee, Korea</p> <p align="center"><b>Robotic Training in Rehabilitation</b> Tsz-kin Kwok, Hong Kong</p> <p align="center"><b>Migraine Treatment Updates</b> Sing-ngai Cheung, Hong Kong</p>	<p align="center"><b>Workshop (W2): Headache Interventions (Botox, Occipital Nerve Block, SON/ION, TMJ)</b> Facilitator: Dr. Charlix Yeung</p> <p align="center">Samer Narouze, USA (Specialty in Anaesthesiologist / PM) *pre-recorded lecture*</p>	<p align="center"><b>Workshop (W3): PENG Block and Hip Denervation for Hip Pain</b></p> <p align="center">Wing-sang Chan, Hong Kong (Specialty in Anaesthesiology / PM)</p>
14:45 - 15:15	Break and Exhibition			
15:15 - 16:00	Room S421			
	<p align="center"><b>Plenary Session (2)</b> <b>MSK Health in Community: Combating MSK Pain Problems in Community Level</b> Chair: Gavin Lee</p> <p align="center">Fei-chau Pang, Commissioner for Primary Healthcare, Health Bureau, Government of the Hong Kong SAR Ben Fong, Professor of Practice (Health Studies) and Associate Division Head, The Hong Kong Polytechnic University, Hong Kong</p>			
16:00 - 17:30	Room S421	Room S426 - 427	Room S425	
	<p align="center"><b>MSK Health in Community Services: Panel Discussion</b> Chairs: Ben Fong and Carina Li</p> <p align="center"><b>NGOs: HK Society of Rehabilitation</b> Zita Man, Hong Kong</p> <p align="center"><b>District Health Center</b> Alex Chau, Hong Kong</p> <p align="center"><b>Charity Foundation</b> Gavin Lee, Hong Kong</p> <p align="center"><b>Panel Discussion</b></p>	<p align="center"><b>Mixed / Central Neuropathic Pain</b> Chairs: Steven Wong and Norman Law</p> <p align="center"><b>Local Experiences in Neuromodulation PBL Cases Discussion</b> Timmy Chan, Hong Kong</p> <p align="center"><b>Role of Gut Microbiome in MSK and Neuropathic Pain Via Vagus Nerve Neuromodulation</b> Athmaja Thottungal, UK</p> <p align="center"><b>MSK Pain Treated with PRP Injection Guided by US</b> Joe Xiao, Mainland China</p>	<p align="center"><b>Workshop (W4): Ultrasound Guided Shoulder Denervation for Shoulder Pain: An Update</b> Facilitator: Dr. Charlix Yeung</p> <p align="center">Philip Peng, Canada (Specialty in Anaesthesiology / PM)</p>	

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**Day 2: 14 April 2024 (Sunday)**

07:30 – 09:00	<p align="center"><b>Workshop (5): Pose Method Running</b> Wai-kin Wong, Hong Kong (Victoria Harbour Front, Golden Bauhinia Square, G/F. Phase 2, HKCEC)</p>		
08:45 - 09:00	Registration		
09:00 - 09:30	<p align="center"><b>Room S421</b></p> <p align="center">Plenary Session (3) Chairs: Mary Chu and Carina Li <b>Artificial intelligence (AI) in Biomedical Ultrasound</b> Yongping Zheng (Hong Kong)</p>		
09:30 - 11:00	<p align="center"><b>Room S421</b></p> <p align="center"><b>Innovative Technology in MSK Health</b> Chairs: Peter Siu and Yongping Zheng</p> <p align="center"><b>AR/VR in the Management of MSK Pain &amp; Rehabilitation</b> Timothy Wu, Hong Kong</p> <p align="center"><b>VR Assisted Therapy for Chronic Pain Patients</b> Regina Sit, Hong Kong</p> <p align="center"><b>AI Programme to Teach and Monitor Stroke Patients Rehabilitation Exercises</b> Lavinia Wong, Hong Kong</p> <p align="center"><b>Interactive Mixed Reality (MR) Hypnosis in Pain Management</b> Man-chun Wong, Hong Kong</p>	<p align="center"><b>Room S426 - 427</b></p> <p align="center"><b>MSK Health &amp; Nutrition</b> Chair: Grace Hui</p> <p align="center"><b>Managing Pain through Nutrition</b> Sally Poon, Hong Kong</p> <p align="center"><b>Intermittent Fasting 2.0</b> Carmen Ho, Hong Kong</p> <p align="center"><b>Vitamin D and Omega-3</b> Gavin Lee, Hong Kong</p>	<p align="center"><b>Room S428</b></p> <p align="center"><b>Workshop (W7): USG Denervation Pain Procedure for Hip Fracture and OA Hip Pain (with US live scanning techniques)</b></p> <p align="center">Sumire Sasaki, Hong Kong (Specialty in PM)</p>
11:00 - 11:20	Break and Exhibition		
11:20 - 12:50	<p align="center"><b>Room S421</b></p> <p align="center"><b>MSK Health in Sportsman</b> Chairs: Chi-yeung Chu and Rajesh Singh</p> <p align="center"><b>Concussion</b> George Pitsis, Australia</p> <p align="center"><b>Principles of Tendon Disorders in the Athlete-thinking Anatomy with MSK US</b> Rajesh Singh, Malaysia</p> <p align="center"><b>Use of Orthobiologics in Sports Injuries – Magic or Myth?</b> Wilson Li, Hong Kong</p>	<p align="center"><b>Room S426 - 427</b></p> <p align="center"><b>MSK Health and Active Living</b> Chairs: Mary Chu and Sanne Fong</p> <p align="center"><b>Promoting Active Living: A Nurse's Guide to Encouraging Active Lifestyles</b> Flori Lam, Hong Kong</p> <p align="center"><b>Use of Health Qigong by OT to Reduce MSK Pain and Promote Active Living</b> Priscilla Siu, Hong Kong</p> <p align="center"><b>Physiotherapy Exercise Prescriptions for Low Back Pain Subgroups</b> Sharon Tsang, Hong Kong</p>	<p align="center"><b>Room S428</b></p> <p align="center"><b>Workshop (W8): POC US in Resuscitation and LA Toxicity CPR</b></p> <p align="center">Afifi Arshad, Malaysia (Specialty in Anaesthesiology / PM)</p> <p align="center">Aaron Ying, Hong Kong (Specialty in Anaesthesiology)</p>
12:50 - 14:00	Lunch Break		
14:00 - 14:45	<p align="center"><b>Room S421</b></p> <p align="center">Plenary Session (4): Pain Medicine Updates Chair: Aaron Ying</p> <p align="center"><b>Keys to Innovation, Can We Do Better</b> Ban Tsui, USA</p> <p align="center"><b>Sciences and Practice in Neural Modulation for Patients with Non-cancer Pain</b> Arun Bhaskar, UK</p>		
14:45 – 15:15	Break and Exhibition		
15:15 – 16:15	<p align="center"><b>Room S426 - 427</b></p> <p align="center"><b>MSK US PM Master Class with Pathologies (A) – Head to Toe Scan</b> Station MC 1 – MC 7 (30 mins per station x 2)</p> <p align="center">Facilitators: Ms. Angela Lee / Dr. Thomas Lam / Dr. Charlix Yeung</p>	<p align="center"><b>Room S428</b></p> <p align="center"><b>MSK US PM Master Class with Pathologies (A) – Head to Toe Scan</b> Station MC 8 – MC 12 (30 mins per station x 2)</p> <p align="center">Facilitators: Ms. Angela Lee / Dr. Thomas Lam / Dr. Charlix Yeung</p>	
16:20 – 17:20	<p align="center"><b>MSK US PM Master Class with Pathologies (B) – Head to Toe Scan</b> Station MC 1 – MC 7 (30 mins per station x 2)</p> <p align="center">Facilitators: Ms. Angela Lee / Dr. Thomas Lam / Dr. Charlix Yeung</p>	<p align="center"><b>MSK US PM Master Class with Pathologies (B) – Head to Toe Scan</b> Station MC 8 – MC 12 (30 mins per station x 2)</p> <p align="center">Facilitators: Ms. Angela Lee / Dr. Thomas Lam / Dr. Charlix Yeung</p>	

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Station	Topic
MC1	<b>Cervicogenic Headache: Greater Occipital Nerve, Cervical Spine and Facets Joint, Cervical Plexus</b> Wing-sang Chan, Hong Kong (Specialty in Anaesthesiology) Jeffrey Ip, Hong Kong (Specialty in Anaesthesiology)
MC2	<b>Medial Branch Cervical Facets Nerve, Stellate Ganglion</b> Athmaja Thottungal, UK (Specialty in Anaesthesiology) Aaron Ying, Hong Kong (Specialty in Anaesthesiology)
MC3	<b>Upper Limb (UL): Cervical Nerve Roots and Brachial Plexus</b> Sang-hoon Lee, Korea (Specialty in Radiology)
MC4	<b>Shoulder: Suprascapular Nerve, Dorsal Scapular nerve, Shoulder Basic</b> Afifi Arshad, Malaysia (Specialty in Anaesthesiology) Wilson Li, Hong Kong (Specialty in Orthopaedics & Traumatology)
MC5	<b>Shoulder Dynamic Scan with Pathologies</b> Rajesh Singh, Malaysia (Specialty in Orthopaedics & Traumatology)
MC6	<b>Elbow and Related Nerve</b> Carmen Ho, Hong Kong (Specialty in Rheumatology)
MC7	<b>Hand and Wrist (Finger and Synovium)</b> Gavin Lee, Hong Kong (Specialty in Rheumatology) Catherine Yuen, Hong Kong (Specialty in Rheumatology)
MC8	<b>Truncal Pain - Thoracic Spinal, Paravertebral, Intercostal Nerve, TAP</b> Penafrancia Cano, Philippines (Specialty in Anaesthesiology) Ban Tsui, USA (Specialty in Anaesthesiology)
MC9	<b>Deep Gluteal Pelvic Pain and Related Nerve (Pudendal, Piriformis, and Obturator Internus)</b> Philip Peng, Canada (Specialty in Anaesthesiology / PM)
MC10	<b>Sacroiliac Joint, Hip and Thigh Pain (TFL/ITB and Hamstring) Dynamic Assessment</b> Peter Siu, Hong Kong (Specialty in Orthopaedics & Traumatology)
MC11	<b>Knee Dynamic Assessment</b> Chi-Yeung Chu, Hong Kong (Specialty in Radiology)
MC12	<b>Foot and Ankle Basic</b> Ryan Lee, Hong Kong (Specialty in Radiology) Priscilla Wong, Hong Kong (Specialty in Rheumatology)